

# SUTAB Colonoscopy Instructions

Doctor: \_\_\_\_\_ Phone: \_\_\_\_\_ Address: 10915 N. Rodney Parham Rd. Little Rock, AR 72212

Date of Procedure: \_\_\_\_\_ Arrival Time: \_\_\_\_\_ Appointment Time: \_\_\_\_\_

## What You CANNOT DO

- Do NOT drink anything RED or Purple
- Do NOT drink Milk
- Do NOT drink alcohol
- Do NOT take other laxatives while using SUTAB
- If taking tetracycline or fluoroquinolone antibiotics, iron, digoxin, chlorpromazine, or penicillamine, take these medications at least 2 hours before and not less than 6 hours after administration of each dose of SUTAB.

## Liquids that are OKAY to Drink

- Coffee or tea (no cream or nondairy creamer)
- Fruit Juices (without pulp)
- Gelatin Desserts (no fruit or toppings)
- Water
- Gatorade
- Chicken broth
- Clear soda (such as ginger ale)

## Notes:

- SUTAB is an osmotic laxative indicated for cleansing of the colon in preparation for colonoscopy.
- Be sure you tell your doctor about all the medications you take, including prescription and non-prescription medications, vitamins, and herbal supplements. SUTAB may affect how other medications work.
- Medications taken by mouth may not be absorbed properly when taken within 1 hour before start of each dose of SUTAB.
- The most common adverse reactions after administration of SUTAB were nausea, abdominal distention, vomiting, and upper abdominal pain.
- Contact your healthcare provider if you develop significant vomiting or signs of dehydration after taking SUTAB or if you experience cardiac arrhythmias or seizures.
- If you have any questions about taking SUTAB, call your doctor.

## The Dosing Regimen

A total of 24 tablets is required for complete preparation for colonoscopy. You will take these tablets in two doses of 12 tablets each. Water must be consumed with each dose of SUTAB, and additional water must be consumed after each dose.

### Dose 1 – Day Before Colonoscopy @ 3:00PM

*Take the tablets with water.*

STEP 1 – Open 1 bottle of 12 tablets.

STEP 2 – Fill the provided container with 16 ounces of water (up to the fill line). Swallow each tablet with a sip of water, and drink the entire amount of water over 15 to 20 minutes.

**IMPORTANT:** If you experience preparation-related symptoms (for example, nausea, bloating, or cramping), pause or slow the rate of drinking the additional water until your symptoms diminish.

*Drink additional water.*

STEP 3 – Approximately 1 hour after the last tablet is ingested, fill the provided container again with 16 ounces of water (up to the fill line), and drink the entire amount over 30 minutes.

STEP 4 – Approximately 30 minutes after finishing the second container of water, fill the provided container with 16 ounces of water (up to the fill line), and drink the entire amount over 30 minutes.

### Dose 2 - Day Before Colonoscopy @ 8:00PM

*Continue to consume only clear liquids.*

Repeat STEP 1 to STEP 4 from Dose 1.

***Do not eat or drink anything after MIDNIGHT the day of the colonoscopy.***